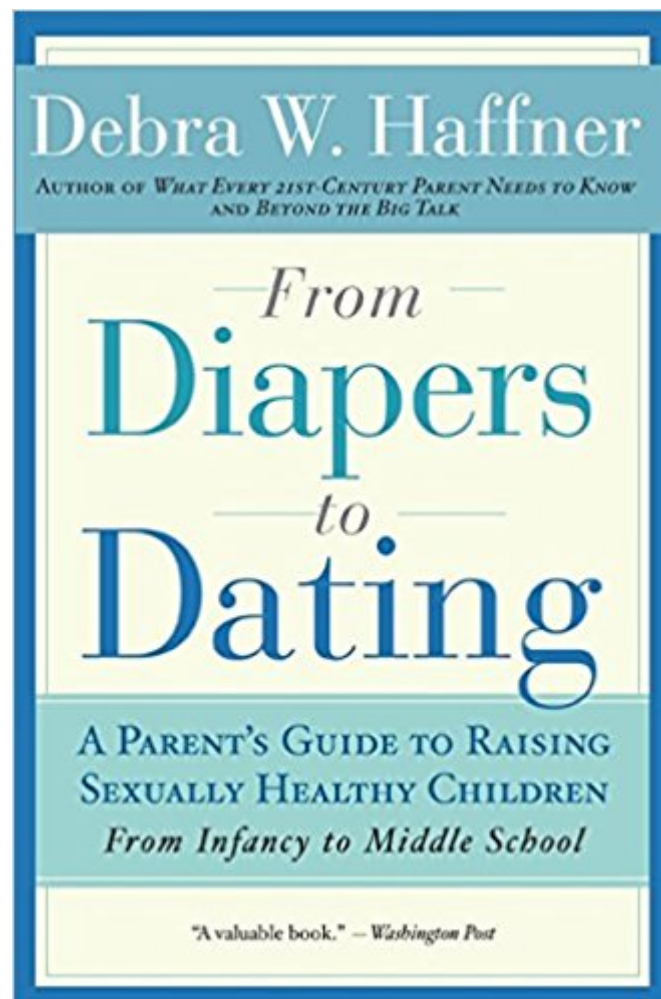


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# From Diapers To Dating: A Parent's Guide To Raising Sexually Healthy Children - From Infancy To Middle School



## Synopsis

This widely recommended parenting guide offers a wealth of practical techniques to help you identify and communicate your own values about sexuality to your children, infants to age twelve. In this revised edition, acclaimed parenting educator Debra Haffner covers the latest research and addresses issues of timely concern, including Internet safety. The book includes: "Values Exercises" to help you identify and communicate your beliefs to your children "Special Issues" to advise you on discussing difficult topics "Teachable Moments" to help you recognize opportunities or entry points into a discussion of important issues."I believe it is up to you and your partner to decide on the messages and values you want to give your child about sexuality," Haffner writes. "It is your right and your responsibility to share them with your child."

## Book Information

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## Customer Reviews

This is a wonderful book written in a very approachable manner for parents about sex education. We have 6.5 and 10.5 year-old girls and have always approached discussing their bodies and how babies are created in a very open manner. However, I find that as my girls get older, their questions become more complex and there is more of an opportunity to discuss the values that my husband and I feel go hand in hand with the subject matter. This book allows you, as a parent, to guide how you want to incorporate your values while still giving your children accurate information. It's definitely for parents of children of all ages, as the author believes that there shouldn't be one "big talk" but rather many little tidbits educating a child throughout their life. The book points out teachable moments and provides a list of age-appropriate resources for children. I've found that I've become

more awkward in discussing sex as my children get older, and this book helped me to find a more comfortable approach again. The author provides different scenarios so that no topic seems too tough to discuss. I work counseling families and will definitely be recommending this.

This is the best book I've read on sex ed. It is truly a guide and NOT "one set way you should do this". She does give constant encouragement to consciously take advantage of the many "teaching moments" presented to us over the years rather than saving up for one BIG talk which I think is good advice. Each chapter starts with some questions to get you to reflect and raise awareness about the breadth and depth of things to consider, but in a chatty/very accessible/easy to read way. The book helps you to be much more aware of how we wittingly - or unwittingly - begin sex ed at an early age, and helps you to make choices that match your comfort level and overall values. I think this book is appropriate for readers of all spiritual outlooks - even those who don't consider themselves spiritual! This book continues to be my favorite gift to new parents and parents to be. She also gives good suggestions on age appropriate books to share with your kids.

The author really teaches you how to talk to your children about sexuality issues all their lives, and yes, it really is worth the read even if your child is just a baby. She helps you figure out what information they're really looking for when they ask various questions at various ages, and determine what is age appropriate information to share with them. She helps you learn to teach your child the facts and YOUR values. The earlier you start talking to your children, the easier it will be when the questions get harder. She also lists many good resources for special family circumstances and children's books for specific ages. I borrowed this from the library, but will be purchasing to reference over the years. Also a great resource for parent educators.

I got this book from the library when my boys were less than a year old. It's a wonderful book and has helped me to be more comfortable with talking about sex, dating, body changes, all sorts of things as my boys have grown. They're now 9-years old and seem quite comfortable talking to me and asking me about anything- which is exactly what any parent should strive for when it comes to this subject. Ms Haffner allowed me to think about creating a comfortable atmosphere at home where talking about bodies/sex/birth control isn't taboo or too uncomfortable. As needed and asked for, my kids get their information from ME, not so much from their friends. What they hear from friends they seem to ask me about to verify it.

The parts that were relevant to my children's ages were a faster read. I'm taking a long time to read the last quarter of the book. Not sure I agree with everything but it was something to think about and discuss with my husband!

This was a gift for my daughter who had my grandson. He is now 20 months old. She liked the book and thought it had some useful information in it about parenting

I finished this book in 4 days , loved it very much , this book helped me to understand many things as a parent and still guide me thank you so much

Practical, straightforward and body-positive.I've recommended to all my friends.

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